Puddlestompers

415700

(Ages 2 - 5)

Instructor: Puddlestompers Staff

Come explore the wonders of Mother Nature this fall with your young naturalist!



Catch falling leaves and learn why they are red, orange and yellow! Call out to birds getting ready for their southerly migration! Search for insects hiding on the forest floor! Collect acorns for a squirrel feast! Explore the various amazing open spaces Wellesley has to offer. Weekly classes include handson nature exploration, active movement and play, snack and a story. Younger siblings, up to age 10 months and in a backpack, are welcome. Exceptions to age groupings may be granted by PUDDLESTOMPERS to allow siblings to take class together.

Loc	Location: Warren Building 8 weeks			Min: 4/Max: 9	
8 w					
<u>S#</u>	Age	Day	Times	Date	Price
01	2 - 3	Tue	9:30 - 10:25 am	Sep 27 - Nov 22	\$176
				(No Class 10/4)	
02	3 - 5	Tue	10:30 - 11:25 am	Sep 27 - Nov 22	\$176
				(No Class 10/4)	
03	2 - 3	Fri	9:30 - 10:25 am	Sep 30 - Dec 2	\$176
				(No class 11/11,	11/25)
04	3 - 5	Fri	10:30 - 11:25 am	Sep 30 - Dec 2	\$176
				(No class 11/11,	11/25)

For Specific Questions, Please Call Puddlestompers 781.235.6677 or puddlestompers.com

To Register, Call Wellesley Recreation - 781.235.2370

Puddlestompers Refund Policy
No refund unless you cancel 30 days in advance
Then it is a 50% credit towards another class.

Toddler Movement & Song

411300

(Ages 1.5 - 2)

Instructor: Stephanie Gager

This is a great first class for young children and their caretakers offering a combination of music and movement in a relaxed setting that allows children to socialize and be part of a group. Children will sing, dance and play while integrating instruments, puppets, parachutes and more. This program provides a fun and easy way to introduce activities which nurture your child's motor, creative and social skills. In addition, it is a fun place to meet other families with young children and make new friends. Adult participation is necessary for the success of this program.

Location: Warren Building Min: 4/Max: 12

11 weeks

 S#
 Day
 Times
 Date
 Price

 01
 Mon
 9:15 - 10 am
 Sep 19 - Dec 12
 \$145

 (No class 10/3, 10/10)
 (No class 10/3, 10/10)
 \$10/10





411301

(Ages 2 - 3)

Instructor: Stephanie Gager

Come join us for a fun-filled hour of music, movement and art! Along with their adult companion, children will sing, dance and use a variety of rhythm instruments, motor props and art materials to express themselves while having fun socializing with new friends. The class will consist of songs, rhymes and musical games before heading into the mat room for some climbing, building, free play and parachute fun. We will then share a snack with friends and finish off the hour creating a different artistic masterpiece to bring home each week. What could be more fun than parachutes, puppets, paint, glue, feathers and glitter! Snack will be provided. (There is an additional \$15 materials fee payable to the instructor at the first class)

Location: Warren Building Min: 4/Max: 12

11 weeks

S#	Day	Times	Date	Price
01	Mon	10:15 - 11:15 am	Sep 19 - Dec 12	\$160
			(No class 10/3 10/10)	

Gardengate Academy

415788

(Ages 1.75 - 4)

Instructor: Gardengate Academy Staff

Our popular Toddler Workshop from Natick is coming now to your town! This workshop is the perfect transition between home and preschool. All little ones between the ages of 20 months to 3.9 years are welcome for a fun morning which includes music, art project, snack, play time and tumbling. We provide a warm setting where children can gradually separate from parents at their own step. Our workshop focuses on guiding children to master their social skills based on respect,love and team work. Over the course of the session children will develop friendship, self worth and love for music and art. We believe that love, friendship and fun activities are the perfect environment for your little ones to have a beautiful start in their education. Children do not have to be potty trained to join our program. Parents must provide snack for their children.

Location: Warren Building Min: 4/Max: 15

13 Weeks

<u>S#</u>	Day	Times	Date	Price
01	Tue	9 - 11:30 am	Sep 13 - Dec 6	\$377
02	Thu	9 - 11:30 am	Sep 15 - Dec 8	\$377
			(No class 11/24)	
03	Tue & Thu	9 - 11:30 am	Sep 13 - Dec 8	\$650
			(No class 11 /24)	

A.B.C. Tot Time (Art, Baking & Cool Science)

423717

(Ages 2.5 - 5)

Instructor: Diane Benson, M.Ed.

Accompany your child on a fun, hands-on learning journey! Each child will explore all kinds of activities from Art to Baking to Science! Please note on the registration form if your child has any allergies

Location: Warren Building Min: 5/Max: 8

0 111	JOILO			
<u>S#</u>	Day	Times	Date	Price
01	Tue	12:50 - 1:50 pm	Sep 13 - Nov 1	\$175 (per couple)
			(No class 10/1	1)

Budding Artist and a Buddy

421401

(Ages 1.5 - 4)

Instructor: Beth Meditz

Each Child and their Buddy will both enjoy Creative Fun together! Perceptual, and social skills are enhanced while each child engages in unique "hands-on" and "hands-in" experiences through unique and age appropriate activities! Budding Artists will create individual masterpieces that expand thinking and learning skills. They will explore a wide array of inspiring materials. Bring a bag to carry home art work. Find out more about Beth Meditz M.Ed. at www. event-full.net

	ation: War weeks	ren Building	Min: 6/Max: 12	
<u>S#</u>	Day	Times	Date	Price
01	Tue	9:30 - 10:15 am	Sep 13 - Oct 25	\$100
			(No Class 10/11)	
02	Tue	9:30 - 10:15 am	Nov 1 - Dec 20	\$100
			(No class 11/8, 12/13)	
03	Thu	9:30 - 10:15 am	Sep 15 - Nov 3	\$135
04	Thu	9:30 - 10:15 am	Nov 10 - Dec 22	\$100
			(No class 11/24)	

Pottery & Wheel Throwing

421412

(Ages 5 - 18)

Instructor: Ramune Jauniskis

In this class kids will learn the basics of hand building and wheel throwing while having fun and sharpening their motor skills. All projects will be kiln fired. All materials included.

Location: Warren Building Min: 5/Max: 8

8 weeks

<u>S#</u>	Age	Day	Times	Date	Price Price
01	5 - 7	Thu	4:05 - 5:20 pm	Sep 22 - Nov 10	\$145
02	8 - 18	Thu	5:25 - 6:40 pm	Sep 22 - Nov 10	\$145

Awesome Art

421423 (Ages 5 - 9)

Instructor: Beth Meditz



Come to an exciting and relaxed atmosphere to let your creativity flow! Artists will be presented with a base idea and choose from a wide array of inspiring and unusual materials to create their individual works of Art. Abstract and Realistic works are created while each participant is encouraged to experiment with materials and to express themselves. Find out more about Beth Meditz, M.Ed. at www.event-full.net

Location: Warren Building Min: 6/Max: 12

8/7/6/5 weeks

,	D.	T'	D-1-		
<u>S#</u>	<u>Day</u>	Times	<u> Date</u>	<u>Price</u>	
01	Tue	4:30 - 5:30 pm	Sep 13 - Nov 1	\$122	
			(No Class 10/11)		
02	Tue	4:30 - 5:30 pm	Nov 8 - Dec 13	\$105	
03	Wed	4:30 - 5:30 pm	Sep 14 - Nov 9	\$140	
			(No class 10/12)		
04	Wed	4:30 - 5:30 pm	Nov 16 - Dec 21	\$90	
			(No class 11 /22)		

Pottery Pizza Family

421467 (All Ages)

Instructor: Ramune Jauniskis

Have some pizza, do some pottery and spend some time with your family! Learn basic hand building (and wheel throwing) techniques while creating beautiful, functional and decorative pieces. Participants will be encouraged to explore their own ideas as well as work on suggested projects that will be demonstrated at the beginning of class. All work will be kiln fired. This class provides a relaxed environment for participants to unwind and use their creativity and imagination. Sign up alone or with family members all are welcome. All materials & pizza included.

Location: Warren Building Min: 5/Max: 8

3 weeks

S#	Day	Times	Date	Price
02	Mon	5:30 - 7:30 pm	Oct 17 - Nov 7	\$165
			(No class Oct 31)	

Drawing & Painting Modern Masterpieces

421488

(Ages 6.5 - 12)

Instructor: D'Ann Hansen

In this class students will produce timeless work that will be cherished for years. These large 16" x 20" pieces of art painted on archival paper are sure to find a home on your walls! Young students use professional tools and nontoxic acrylic paints. Students gain an appreciation for different artists while learning various techniques through step-by-step visual demonstrations. The sunny Art Studio at the Rec. Center provides a perfect creative oasis! All supplies included. www.dannhansen.com

Location: Warren Building Min: 6/Max: 8

5weeks

S #	Day	Times	Date	Price
01	Tue	4 - 6 pm	Sep 13 - Oct 18	\$195
		-	(No Class 10/11)	
02	Thu	4 - 6 pm	Sep 15 - Oct 13	\$195
03	Tue	4 - 6 pm	Nov 1 - Dec 6	\$195
		-	(No class 11/22)	
04	Thu	4 - 6 pm	Nov 3 - Dec 8	\$195
		•	(No class 11/24)	

Parent & Child Pottery

421411

(Ages 4 - 5)

Instructor: Ramune Jauniskis

Spend time working with your child while enjoying working with clay. Use your imagination to invent fantastic clay sculptures with guided instruction. Projects will be suggested but students are encouraged to work on their own ideas if they wish. All projects will be kiln fired. All materials included. Parent/Guardian required.

Location: Warren Building Min: 5/Max: 10 8 weeks S# Day **Price** \$145 Thu 01 3 - 4 pm Sep 22 - Nov 10

Make it! Bake it! Take it!

421438

(Grades 1 - 3)

Instructor: Diane Benson, M.Ed.

Using cooperation, math skills and following simple directions, "young bakers" will create their own special tasty treats. Join this class and experience the delicious reward for exploring the creative possibilities of baking! In addition to being fun, fixing your own food can help develop self-esteem and can turn fussy eaters on to new foods. Eggs will be used in this class. Some possible baking activities include: pizza, cookies, muffins, pasta, and much, more! Please note on the registration form if your child has any food allergies. Don't worry if you have taken this class before, recipes are NEVER repeated!

Location: Warren Building Min: 6/Max: 8

6/5 weeks

S#	Day	Times	Date	Price
01	Fri	3:30 - 5 pm	Sep 16 - Oct 21	\$210
02	Fri	3:30 - 5 pm	Nov 4 - Dec 16	\$175
			(No class 11/11, 11	/25)



Program Registration

Residents: Upon Receipt of Brochure Non Residents: August 30th

Sewing for Kids

421444

(Grades 3 - 8)

Instructor: Dorothy Theodore

Interested in the world of Fashion? Even if you're not, an aspiring fashion student you'll enjoy this class. This class is a beginners guide to the world of fashion design, led by an industry professional. If you want to learn how to sew a button and more, this sewing and dressmaking class is for you! It can help you learn a variety of sewing techniques from basic to advanced. This course is an excellent opportunity to combine your creativity with your technical skills that could turn into a rewarding new career. A list of necessary supplies will be handed out at the first class for you to purchase and bring to future classes. You may bring your own sewing machine otherwise, sewing machines will be provided by the instructor.

Location: Warren Building Min: 6/Max: 12

6 weeks

<u>S#</u>	Age	Day	Times	Date	Price
01	8 - 13	Tue	5:30 - 6:45 pm	Sep 13 - Oct 25	\$300
			•	(No class 10/11)	
02	8 - 13	Tue	5:30 - 6:45 pm	Nov 1 - Dec 6	\$300
03	8 - 13	Thu	5:30 - 6:45 pm	Sep 15 - Oct 20	\$300
04	8 - 13	Thu	5:30 - 6:45 pm	Oct 27 - Dec 8	\$300
				(No class 11/24)	



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Cookies for Santa

421441

(Ages 5 - 9)

Instructor: Diane Benson, M.Ed.



Let's get baking and make Santa something special this year! He is sure to love your kid-made cookies! He will appreciate the snack break as he travels around the world! Eggs will be used in this class.

Location: Warren Building Min: 6/Max: 8

1 week

S#	Day	Times	Date	Price
01	Wed	3:30 - 5:30 nm	Dec 21	\$45

LEGO Ornaments

421430

(All Ages)

Instructor: Diane Benson, M.Ed.

Learn how to make some holiday ornaments to hang in your room, on a tree or give to a family member or a friend! You will create winter ornaments out of LEGOs!!! The ornaments you make you will get to take home and enjoy for the many years to come! A terrific memory for 2016!

Location: Warren Building Min: 6/Max: 12

1 week

<u>S#</u>	Day	Times	Date	Price Price
01	Wed	3:30 - 5:30 pm	Dec 14	\$48





Come for a fun & festive evening at the Warren Bldg to see a Christmas classic "How the Grinch Stole Christmas" on Friday, Nov. 18 @ 6:30pm. An unwrapped present for Toys for Tots is the price of admission!

Chess Lessons

424800

(Ages 5 - 14)

Instructor: Jim Della Selva

Chess is a mindful game that is both fun and challenging. This class will give participants the opportunity to both play and learn strategy. Instruction will be given so that the advanced player as well as the beginner will benefit. Don't miss this exhilarating class.

Location: Warren Building Min: 4/Max: 12

1 VV	1 Weeks				
S#	Day	Times	Date	Price	
01	Mon	4:35 - 5:35 pm	Sep 12 - Nov 7	\$125	
			(No class 10/3, 10/10)		
02	Mon	5:35 - 6:35 pm	Sep 12 - Nov 7	\$125	
		-	(No class 10/3, 10/10)		

DRAMA KIDS

422355

(Ages 5 - 8)

Instructor: Drama Kids Staff

The Drama Kids developmental drama program is open to all levels of acting; from the beginner to the more experi-



enced student. Goals for this session include: Improvisation basics, development of clear speech and purposeful movement, learning the steps to build scenes and learning acting skills (blocking, stage directions, etc.).

Visit dramakids.com/ma4/ for more info on Drama Kids.

Location: Warren Building Min: 6/Max: 16

12 weeks

Date S# Day **Times Price** Sep 20 - Dec 6 Tue 5 - 6 pm \$172

Dance/Theater

424097

(Ages 4 - 5)

Instructor: Cindy Wright



It starts with a story. Through dance, dialogue and drama (and comedy!), the children will tell the story. We'll add some costumes and props and present an informal performance at the final class. This is a dance class focusing on basic ballet and jazz/hip-hop (age appropriate moves and music). It is also a class that will introduce young children to acting and how acting, music and dance create musical theater. Children should wear any style dance wear or comparable clothes and ballet slippers or non-skid socks.

Location: Warren Building Min: 6/Max: 10

12 weeks

S# Day **Price** 01 Tue 12:30 - 1:30 pm Sep 20 - Dec 6 \$192



Piano Lessons

425807

(Ages 8 - 15)

Instructor: David Medeiros

Have fun exploring the potential of electronic keyboards while focusing on the foundations of the most universally enjoyed musical instrument the piano! Beginner lessons will cover fundamentals of music theory, hand movement, and independent coordination as it applies to note reading of easy melodies. Must bring a keyboard to class.

Location: Warren Building Min: 5/Max: 10

8 weeks

0	5 1100115					
S#	Day	Times	Date	Price		
01	Mon	5 - 6 pm	Oct 17 - Dec 12	\$135		
			(No class 11/28)			

Dance Party

424098

(Ages 4 - 5)

Instructor: Cindy Wright



A basic ballet and jazz/hip-hop class (age appropriate moves and music) with a different theme each class. Children will learn dance moves, make and/or use a prop and have costume pieces to wear as it becomes a dance party! Some of the celebrations include a garden party, a hoedown, a royal gala, a pirate party, a Halloween party (ghosts, witches, etc) and more. Children should wear any style dance wear or comparable clothes and ballet slippers or non-skid socks.

Location: Warren Building Min: 6/Max: 10

11 weeks

S# Day **Times** Date **Price** 11:30 am - 12:30 pm Sep 16 - Dec 9 \$176 01 Fri

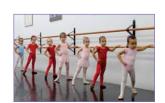
(No class 11/11, 11/25)

Intro to Dance

424010

(Ages 2.9 - 4)

Instructor: Cindy Wright



A fun introduction to the wonderful world of dance; this is a creative movement and pre-ballet class. Students will develop gross motor skills, coordination, group skills and self-confidence. Dance games and props will be included and dancers will be encouraged to use their imaginations to explore/ create their own individual styles. Students should wear ballet slippers or non-skid socks and any style/color dance wear or comparable attire.

Location: Warren Building Min: 6/Max: 10

12/11 weeks

Price S# Day **Times** Date 01 Thu 12:30 - 1:15 pm Sep 15 - Dec 8 \$180 (No class 11/24) 02 Fri 10:30 - 11:15 am Sep 16 - Dec 9 \$165 (No class 11/11, 11/25)

Guitar Lessons 425808

(Ages 8 - 15)

Instructor: David Medeiros



You can stop playing "air guitar" and learn how to play the real thing! Beginner lessons introduce the challenge of musicianship while concentrating on basic music fundamentals in a relaxed atmosphere. Students will learn popular songs while focusing on note reading, chord accompaniment, and simple tuning techniques. Guitar rentals are available for an additional charge of \$50 per session payable to Dave at first class. Please contact the Recreation Department if you are interested in reserving a guitar for the class.

Location: Warren Building Min: 5/Max: 10

8 W	eeks			
S #	Day	Times	Date	Price Price
01	Mon	4 - 5 pm	Oct 17 - Dec 12	\$135
			(No class 11/28)	

Science Discovery Club

421465

(Ages 5 - 9)

Instructor: Diane Benson, M.Ed.

Enjoy mixing things together? Do you find it fun to experiment with things you can find in your own home!? Activities are all hands-on and most experiments you will be able to take home to show your family and friends! Kid-made experiments in each section are different and FUN. Register for 1 or all 3!!!

Location: Warren Building Min: 5/Max: 20

1 week

Icky, Sticky, GOO! (Silly Putty & Slippery Slime)

S #	Grade	Day	Times	Date	Price Price
01	K - 3	Tue	3:30 - 5:30 pm	Nov 29	\$45

Explore & Explode (Balloon Blow-up & Volcano)

S#	Grade	Day	Times	Date	Price
02	K - 3	Tue	3:30 - 5:30 pm	Dec 6	\$45

Cool & Crazy Science (Rainbow in a Jar, Ocean in a Bottle, Tornado in a Jar)

S#	Grade	Day	Times	Date	Price
03	K - 3	Tue	3:30 - 5:30 pm	Dec 13	\$45



LEGO Minecraft

421499

(Ages 5 - 10)

Instructor: Diane Benson. Beth Meditz

This 3-hour program will be centered around everything LEGO Minecraft!! Join the team from Event-FULL!,LLC (www.event-full.net) and use your imagination to build your very own 3-D Minecraft World! You can then place minifigure blocks and go on adventures in the Minecraft World that you created! The LEGOs stay with us but the memory is yours forever!! Each participant will go home with a framed photo of themselves taken with their LEGO creation to show friends and family! Please send your child with a nut-free snack and drink

Location: Warren Building Min: 6/Max: 15

1 week

<u>S#</u>	Day	Times	Date	Price
01	Sat	9:30 am - 12:30 pm	Sep 17	\$55



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@recwellesley



Star Wars: Galaxy Training Academy

421415

(Ages 5 - 10)

Instructor: Diane Benson, Beth Meditz

Join the team from Event-FULL!, LLC (www.event-full.net) and take part in a monthly program to channel your inner Jedi! Please send your child with a nut-free snack and drink

Location: Warren Building Min: 15/Max: 30

1 week

EPISODE I: Jedi Training - Make and take home a Recycled Droid, take part in a light saber training session and learn what it is to be a Jedi Knight. Each child will also go home with a framed photo of them selves with R2D2.

S#	Day	Times	Date	Price
01	Sat	9:30 am - 12:30 pm	Sep 24	\$55

EPISODE II: LEGO Star Wars - Maybe you will build a Star Wars Space Craft, a Droid Factory, a Jedi Training Arena...the possibilities are endless! The LEGOs stay with us but the memory is yours forever. Every participant will do home with a photo of themselves with their LEGO creation.

<u>S#</u>	Day	Times	Date	Price_
02	Sat	9:30 am - 12:30 pm	Oct 22	\$55

EPISODE III: Art Attack - Make your own Jedi Journal to draw or write your Star Wars thoughts down on paper. Make and take home a fun and creative Star Wars decoration to hang in your room to enjoy everyday!

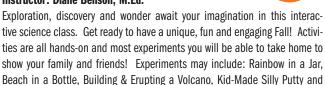
<u>S#</u>	Day	Times	Date	Price Price
03	Sat	9:30 am - 12:30 pm	Nov 19	\$55

Future Scientists

421436

(Ages 3 - 5)

Instructor: Diane Benson, M.Ed.



Location: Warren Building Min: 5/Max: 8

6 weeks

MORE!!!

S#	Day	Times	Date	Price
01	Tue	12:50 - 1:50 nm	Nov 8 - Dec 13	\$150



Wellesley Rec. Office Hours

Monday - Friday 8:30 - 4:30 781-235-2370

James Bede Soccer **Fundamentals**



422954

Instructor: James Bede Soccer Staff

Get your young player ready to play soccer by learning proper ball skills. All teaching is done through a lot of fun games in a non-threatening environment. We want your child to wear proper soccer equipment; shin guards & sneakers, plus they need to bring a water bottle as well. Program is held in the gym during inclement weather.

Location: Warren Building	Min: 10/Max: 20
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7 w	eeks				
<u>S#</u>	Age	Day	Times	Date	<u>Price</u>
01	4	Wed	2 - 2:45 pm	Sep 14 - Nov 2	\$150
				(No class 10/12	2)
02	5	Wed	2:50 - 3:35 pm	Sep 14 - Nov 2	\$150
				(No class 10/12	2)
03	4	Wed	3:45 - 4:25 pm	Sep 14 - Nov 2	\$150
				(No class 10/12	2)
04	5-6	Wed	4:30 - 5:15 pm	Sep 14 - Nov 2	\$150
				(No class 10/12	2)
6 w	eeks				
<u>S#</u>	Age	Day	Times	Date	<u>Price</u>
05	4	Wed	2 - 2:45 pm	Nov 9 - Dec 21	\$128
				(No class 11/23	3)
06	5	Wed	2:50 - 3:35 pm	Nov 9 - Dec 21	\$128
				(No class 11/23	3)
07	4	Wed	3:45 - 4:25 pm	Nov 9 - Dec 21	\$128
				(No class 11/23	3)
08	5-6	Wed	4:30 - 5:15 pm	Nov 9 - Dec 21	\$128
				(No class 11/23	3)



Little Chefs

423798

(Ages 4 - 5)

Instructor: Kelly Barry

Healthy Cooking Classes for Kids is interactive, energetic, collaborative cooking classes for our youngest chefs. We teach age appropriate cooking skills and we teach the importance of making healthy food choices. The children have a blast getting into the cooking experience and trying new foods. We even make a fun art project to take home!

Location: Warren Building Min: 6/Max: 10

5 weeks

S#	Age	Day	Times	Date	Price
01	4 - 5	Thu	1:30 - 3 pm	Sep 15 - Oct 13	\$150
02	6 - 8	Thu	3:30 - 5 pm	Sep 15 - Oct 13	\$150
04	4 - 5	Thu	1:30 - 3 pm	Oct 20 - Nov 17	\$150
05	6 - 8	Thu	3:30 - 5 pm	Oct 20 - Nov 17	\$150

James Bede Soccer League

422901

Instructor: James Bede Soccer Staff

In this newly organized soccer class/league you will be taught the fundamentals of soccer in a fun non-threatening environment. Tuesday OR Wednesday is practice and Saturday is game day. During practice on Wednesday the players will begin to learn the soccer fundamentals: passing, dribbling, shooting. On Saturday game days they will play an instructional game and implement the skills that they learned at practice on Wednesday. (Price includes a game day jersey). Program will be held indoors during inclement weather.

Location: Warren Building Min: 10/Max: 30

7/6 weeks

S#	Age	Day	Times	Date	Price
01	5 - 6	Wed	5:20 - 6:20 pm	Sep 14 - Nov 2	\$280
				(No class 10/12)	
		Sat	12:15 - 1:15 pm	Sep 17 - Nov 5	
				(No class 10/8)	
02	5 - 6	Wed	5:20 - 6:20 pm	Nov 9 - Dec 21	\$200
				(No class 11/23)	
		Sat	12:15 - 1:15 pm	Nov 12 - Dec 17	
				(No class 11/26)	
03	6 - 7	Tue	5 - 6 pm	Sep 13 - Nov 1	\$280
				(No class 10/11)	
		Sat	11 - 12 pm	Sep 17 - Nov 5	
				(No class 10/8)	
04	6 - 7	Tue	5 - 6 pm	Nov 8 - Dec 13	\$200
				(No class 11/22)	
		Sat	11 - 12 pm	Nov 12 - Dec 17	
				(No class 11/26)	



About jrCode

At jrCode we believe that creative critical thinking is one of the fundamental building blocks for success. In each of our classes,



students will develop these skills through a variety of programming challenges. We believe that this all starts with a foundational coding knowledge that exposes kids to the basics: Foundations (Grades 2-5) and Accelerated Foundations (Grades 4-8). After those basics have been mastered we invite our students to explore specialty tracks of their choosing, including interactive gaming and animation classes. Most of our classes utilize the Scratch platform, which was developed at MIT to introduce children to programming languages. Unless indicated, jrCode provides the computers and technical support needed to complete each class.

Foundations

424989

(Grades 2 - 5)

Instructor: JrCode Staff

Every young learner needs a foundation in coding and the skills to discover the creative programming world! This Foundations class uses the Scratch platform to introduce your child to the basics of computer coding and improve their critical thinking skills. Your child will be challenged to learn introductory coding concepts, including algorithms and analytical problem solving, while completing games and projects that are fun and creative.

Coding language/platform used: Scratch (block language)

Recommended Next Class: any Level 1 class

Location: Warren Building Min: 5/Max: 12

8 Weeks

 S#
 Day
 Times
 Date
 Price

 01
 Mon
 4 - 5 pm
 Sep 19 - Nov 21
 \$275

 (No class 10/3, 10/10)
 Sep 21 - Nov 9
 \$275

Accelerated Foundations

424989

(Grades 4 - 8)

Instructor: JrCode Staff

Accelerated Foundations is the perfect introduction to the basics of computer coding and critical thinking for your older child. This class is a faster-paced coding Foundations class that utilizes the Scratch platform. Students will be challenged to learn the basics of coding, including algorithms and analytical problem solving, while completing games and projects aligned to their developmental needs. **Prerequisites:** None

Coding language/platform used: Scratch (block language)

Recommended Next Class: any Level 2 class

Location: Warren Building Min: 5/Max: 12

8 Weeks

00110			
Day	Times	Date	Price
Mon	4 - 5:30 pm	Sep 19 - Nov 21	\$350
		(No class 10/3, 10/10)	
Tue	5:15 - 6:45 pm	Sep 20 - Nov 15	\$350
		(No Class 10/11)	
	Mon	Mon 4 - 5:30 pm	Mon 4 - 5:30 pm Sep 19 - Nov 21 (No class 10/3, 10/10) Tue 5:15 - 6:45 pm Sep 20 - Nov 15

Pre-Gaming

424989

(Grades K - 2)

Instructor: JrCode Staff



This introductory class provides your young child with their first game creation experience using the fun and interactive ScratchJr app. This app allows your child to discover coding frameworks based on familiar playground games in a "touch and drag" setting, easily experienced on their own iPad or Android*. The hands-on class uses online visuals, puzzles and memorable characters to engage your child in critical thinking skills and gaming concepts. After the completion of this class, children who can read independently will be ready for jrCode's Foundations class.

Prerequisites: None

Coding language/platform used: ScratchJr (block language)

Recommended Next Class: Foundations

*Students must bring their own iPad or Android device to this class

Location: Warren Building Min: 5/Max: 12

8 Weeks

S #	Day	Times	Date	Price
05	Tue	4 - 5 pm	Sep 20 - Nov 15	\$275
			(No Class 10/11)	

Gaming - Level I

424989

(Grades 2 - 5)

Instructor: JrCode Staff

This class builds on topics there were covered in the Foundations or the Accelerated Foundations level and is perfect for students who have completed that class and want to explore the options of creating their own games. Your child will apply their coding skills from Foundations or Accelerated Foundations and expand their skills to develop games that will test their understanding and reinforce their critical thinking skills.

Prerequisites: Foundations or Accelerated Foundations

Coding language/platform used: Scratch (block language)

Recommended Next Class: any Level 1 class or Gaming Level 2

Location: Warren Building Min: 5/Max: 12

8 Weeks

S#	Day	Times	Date	Price
06	Tue	4 - 5 pm	Sep 20 - Nov 15	\$275
			(No Class 10/11)	

Gaming - Level II

424989

(Grades 4 - 8)

Instructor: JrCode Staff



It's time to level up! This class takes gaming to the next level as your child builds upon their knowledge acquired in previous classes to construct more complex and challenging games. Your child will continue to hone their skills by creating a variety of different games, including mazes, trivia and Mad Libs.

Prerequisites: Foundations/Accelerated Foundations and Gaming Level 1

Coding Language/Platform Used: Scratch (block language)

Recommended Next Class: any Level 2 class or JavaScript Foundations
Location: Warren Building Min: 5/Max: 12

8 Weeks

<u>S#</u>	Day	Times	Date	Price Price
07	Tue	5:15 - 6:45 pm	Sep 20 - Nov 15	\$350
			(No Class 10/11)	

Pre-Animation

424989 (Grades K - 2)

Instructor: JrCode Staff



This introductory class provides your young child with their first experience creating their own animated projects using the fun and interactive ScratchJr app. This app allows your child to discover coding frameworks based on familiar playground games in a "touch and drag" setting, easily experienced on their own iPad or Android*. The hands-on class uses online visuals, puzzles and memorable characters to engage your child in critical thinking skills and gaming concepts. After the completion of this class, children who can read independently will be ready for jrCode's Foundations class.

*Students must bring their own iPad or Android device to this class, and pre-download the free ScratchJr app.

Prerequisites: None

Coding language/platform used: ScratchJr (block language)

Recommended Next Class: Foundations

Location: Warren Building Min: 5/Max: 12

8 Weeks

S#	Day	Times	Date	Price
09	Thu	4 - 5 pm	Sep 22 - Nov 10	\$275

Java Script Foundations

424989

(Grades 5 - 8)

Instructor: JrCode Staff

This is an introductory class using the dynamic programming language of JavaScript, your child's first taste of a text-based language. Any student interested in diving into this programming language and taking on more complex coding skills will find this class to be exciting and challenging. Students will be introduced to more advanced algorithms, using For-loops and While-loops and begin to develop their own functions. **Prerequisites:** Accelerated Foundations or upon the discretion of the teacher

Location: Warren Building Min: 5/Max: 12

Coding language/platform used: JavaScript (text language)

8 Weeks

S#	Day	Times	Date	<u>Price</u>
08	Mon	5:45 - 7:15 pm	Sep 19 - Nov 21	\$350
			(No Class 10/3, 10/10)	

Animation - Level I

424989

(Grades 2 - 5)

Instructor: JrCode Staff



This class builds on topics there were covered in the Foundations or the Accelerated Foundations level and is perfect for students who have completed that class and want to explore the options of creating their animations. Your child will apply their coding skills from Foundations or Accelerated Foundations and expand their skills to develop animations and stories that will test their understanding and reinforce their critical thinking skills.

Prerequisites: Foundations or Accelerated Foundations
Coding language/platform used: Scratch (block language)
Recommended Next Class: any Level 1 class or Animation Level 2

Recommended Next Class: any Level 1 class or Animation Level 2

Location: Warren Building Min: 5/Max: 12

8 Weeks

S#	Day	Times	Date	Price
10	Thu	4:30 - 6 pm	Sep 22 - Nov 10	\$275

Animation - Level II

424989

(Grades 4 - 8)

Instructor: JrCode Staff



This class takes animation to the next level as your child builds upon their knowledge acquired in previous classes to create more complex and challenging animations. Your child will continue to hone their skills by developing creative stories and using their animations to teach others a new skill through various projects.

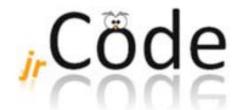
Prerequisites: Foundations/Accelerated Foundations and Animations Level 1

Coding language/platform used: Scratch (block language)

Recommended Next Class: any Level 2 class or JavaScript Foundations
Location: Warren Building Min: 5/Max: 12

8 Weeks

S #	Day	Times	Date	Price
11	Thu	5:15 - 6:45 pm	Sep 22 - Nov 10	\$350



Mindfulness & Meditation for Kids and Families

421403

(Ages 7 - 10)

Instructor: Ramune Jauniskis

There is no denying it, it has been proven scientifically that meditation has many benefits. It increases focus and attention, improves memory and the ability to be creative, increases focus and attention to name just a few. Why not take advantage of this resource that all of us have readily at hand. Ramune Jauniskis, Reiki Master/Teacher (also known as the pottery teacher) will start the class with a few very easy yoga stretches followed by short meditation and discussion.

Location: Warren Building Min: 4/Max: 15

•	0 1100110							
S #	Day	Times	Date	Price				
01	Fri	6 - 7 pm	Sep 23 - Oct 28	\$110				



Knucklebones Micro Wheels

423103

(Ages 2 - 3)

Instructor: KnuckleBones Staff



Micro Wheels teaches the fundamentals of learning to ride a bicycle without training wheels! Each class your Knucklebones coach will bring in a variety of unique wheeled and non-wheeled products to help build gross motor skills, balance and confidence. Class will begin with a brief stretch and activity to get participants up and moving. From there we will introduce a new activity involving wheeled vehicles such as scooter boards, three wheel scooters, balance bicycles and finally progressing to a bicycle. As well, we will include an array of diverse games and activities such as balance beams, balancing stones, street signs, an obstacle course and more to help these determined drivers develop the skills needed to ride safely, successfully and have FUN! Proper sneakers and long pants are required.

Location: Warren Building Min: 8/Max: 12

8 weeks

 S#
 Day
 Times
 Date
 Price

 01
 Mon
 11 am - 12 pm
 Sep 12 - Nov 14 \$108
 \$108

 (No class 10/3, 10/10)
 \$10/3, 10/10
 \$10/3, 10/10
 \$10/3, 10/10

Knucklebones T-Ball

423102

(Ages 2 - 5)

Instructor: KnuckleBones Staff

Through a variety of stations, participants will get an introduction to basic skills like hitting, catching, throwing, rules and game play... all while learning the essence of the game and having fun! Please bring a baseball glove and water bottle to each class. Get ready for some baseball fun!. Classes will be held on Warren Field. During inclement weather classes will be canceled and rescheduled to the next day, Sunday, at the original class time.

Location: Warren Building Min: 8/Max: 12

7 weeks

<u>S#</u>	Age	Day	Times	Date	<u>Price</u>
01	2 - 3	Sat	1:30 - 2:25 pm	Sep 17 - Nov 5	\$95
				(No class 10/8)	
02	4 - 5	Sat	2:30 - 3:25 pm	Sep 17 - Nov 5	\$95
				(No class 10/8)	

Dynamic Speed & Endurance

420203

(Ages 6 - 12)

Instructor: Kathy Fleming

This class will help your child reach new levels in his/ her athletic abilities. Your child will not only be faster and stronger, but he/she will be empowered and confident with his new awareness of pacing, sprinting and stamina. Kathy Fleming , the former Boston College track and field coach, Olympic Trials finalist in the 1500m and a member of the world record Distance Medley Relay team who held the record for 27 years, will share her knowledge about the key ways to build speed and endurance in young athletes. The class will also introduce some of the other track and field events like the shot put, javelin and the long jump. The class also teaches proper hydration, stretching and drills. We end each session with a fun relay event.

Location: Warren Building Min: 4/Max: 12

5 weeks

S#	Day	Times	Date	Price
01	Mon	4:15 - 5:15 pm	Oct 17 - Nov 14	\$160

Knucklebones Micro Athletics

423165

(Ages 2 - 3)

Instructor: KnuckleBones Staff

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement, and fun! Each class your child will play a myriad of different, skill enhancing athletic activities and games. From learning to kick using RhinoSkin balls to practicing throwing playing Messy Backyard and much more, we make sure your child is active and having fun while developing a passion for play that will stay with them! The entire program is supported using a plethora of unique and age appropriate equipment. Sneakers are required.

Location: Warren Building Min: 8/Max: 12

8 weeks

 S#
 Day
 Times
 Date
 Price

 02
 Fri
 10 - 11 am
 Sep 16 - Nov 4
 \$108

Knucklebones Skateboarding



423182

(Ages 7 - 13)

Instructor: KnuckleBones Staff

Designed for beginner skateboarders with little to no experience, this class teaches fundamental skateboarding tricks and skills. Concentrating on balance, turning, accelerating, stopping, transitions, dropping in, Ollies, and a variety of other skills, we not only teach tricks but help participants develop confidence to apply them on their own. Proper safety equipment (helmet, knee and elbow pads, and wrist guards) and skateboards are required. For those that can't bring them, they will be provided but you must let us know upon registration. Participants must keep all safety gear on at all times and wear athletic shoes.

Location: Warren Building Min: 8/Max: 12

7 weeks

S#	Day	Times	Date	Price
01	Sat	2:30 - 3:30 pm	Sep 17 - Nov 5	\$95
			(No class 10/8)	

Mental Training For Athletes

420291

(Ages 10 - 18) Instructor: Ann Wehr

Basics of Mental Training for Athletes is an 7 hour program that teaches goal setting, focus, self-talk, relaxation, and visualization. Athletes learn a 10 minute daily mental routine at the end of the session.

Location: Warren Building Min: 7/Max: 10

7 weeks

 S#
 Day
 Times
 Date
 Price

 01
 Mon
 5:30 - 6:30 pm
 Sep 19 - Nov 21
 \$50

 (No class 10/3, 10/10, 10/31)
 (No class 10/3, 10/10, 10/31)



Tot Learn to Skate Classes (Ages 3-6) Instructors use songs, games, toys and other fun methods to cater to the

Instructors use songs, games, toys and other fun methods to cater to the learning styles and development of young skaters. 3 to 4 year olds are separated from 5 to 6 year olds initially, but are grouped together in Tot levels 1 - 3. 6 year olds have the option to begin in Youth 1. Classes include 25-30 minutes of group instruction and 10-15 minutes of supervised play time.

Rental skates are available on a first come, first serve basis and are included in the class fee. You are welcome to bring your own skates although double blade skates are not permitted

- Pre Tot (Beginners ages 3-4)
- Tot 1 (Beginners, ages 5-6; and 3-4 year olds who have passed Pre Tot)

PREREQUISITE: Skaters must be at least 3 years of age and potty trained. A helmet, such as a bike helmet or HECC helmet is required.

Pre-Tot Learn To Skate

423289

(Ages 3 - 4)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena Min: 3/Max: 20

7/6 weeks

<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Tue	4:40 - 5:05 pm	Sep 13 - Oct 25	\$119
02	Thu	1 - 1:25 pm	Sep 15 - Oct 27	\$119
03	Tue	4:40 - 5:05 pm	Nov 8 - Dec 20	\$119
04	Thu	1 - 1:25 pm	Nov 10 - Dec 22	\$85
			(No class 11/24)	

Tot Learn To Skate

423287

(Ages 5 - 9)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena Min: 3/Max: 20

7/6 weeks

<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Tue	4:40 - 5:05 pm	Sep 13 - Oct 25	\$119
02	Thu	1 - 1:25 pm	Sep 15 - Oct 27	\$119
03	Tue	4:40 - 5:05 pm	Nov 8 - Dec 20	\$119
04	Thu	1 - 1:25 pm	Nov 10 - Dec 22	\$85
			(No class 11/24)	

BE PREPARED FOR CLASS

<u>Deadline to register for September session - AUGUST 31</u> <u>Deadline to register for November session - OCTOBER 26</u>

- Arrive 15-20 minutes prior to the class start time
- · Helmet, such as a bike helmet or HECC helmet is required
- Wear warm, comfortable layers that allow for movement, long sleeves & pants, gloves or mittens
- Rental skates are available on a first come, first serve basis and are included in the class fee
- You are welcome to bring your own skates although double blade skates are not permitted

Youth Learn to Skate Classes (Ages 6-12)

Youth Learn to Skate levels are designed to teach basic motion, balance and coordination that prepare skaters for hockey, figure skating or the occasional rink visit. Classes consist of at least 30 minutes or more of group instruction and 5-10 minutes of supervised practice.

Rental skates are available on a first come, first serve basis and are included in the class fee. You are welcome to bring your own skates although double blade skates are not permitted

- Youth 1 (Beginners or those with minimal skating experience, ages 6-12)
- Youth 2 (Skaters ages 6-12 who have passed Youth 1)

PREREQUSITE: Skaters must be at least 6 years of age and a helmet, such as a bike helmet or HECC helmet is required.

Youth Learn To Skate

423201

(Ages 6 - 12)

Instructor: FMC Ice Sports Staff

Instructors use games and a fun, challenging environment to teach beginning skating elements. Youth classes include 30-40 minutes of group instruction. Skaters must meet the age requirements for each level and be potty-trained. A helmet, such as a bike helmet or HECC helmet is required.

Location: Wm. Chase Arena Min: 3/Max: 20

7 weeks

S#	Day	Times	Date	Price
01	Mon	5:40 - 6:30 pm	Sep 12 - Oct 24	\$139
02	Tue	4:40 - 5:30 pm	Sep 13 - Oct 25	\$139
03	Mon	5:40 - 6:30 pm	Nov 7 - Dec 19	\$139
04	Tue	4:40 - 5:30 pm	Nov 8 - Dec 20	\$139



Teen & Adult Learn To Skate

423205

(Ages 13 & Up)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena Min: 3/Max: 20

7 weeks

<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Mon	5:40 - 6:30 pm	Sep 12 - Oct 24	\$139
02	Mon	5:40 - 6:30 pm	Nov 7 - Dec 19	\$139

WM. CHASE ARENA
35 WINSOR AVE, NATICK MA 01760
For general questions:
1-888-74-SKATE or 508-655-1013
For registrations or refunds:
781-235-2370

Visit FMC Web site @ fmcicesports.com

Archery

435300

(Grades 3 - 12)

Instructor: On The Mark Archery Staff

Your archer will learn the fundamentals of archery, including safety, proper form, range procedures, shooting technique and scoring. On The Mark Archery is committed to bringing target archery to youths by providing a safe and fun environment to learn this Olympic sport. All necessary equipment from protective devices to targets, bows and arrows are provided. Sign up early as the "Hunger Games" movies have made the sport of archery very popular.

Location: Warren Building Min: 10/Max: 16

4/5 weeks

S#	Age	Day	Times	Date	Price
01	3 - 12	Wed	6:30 - 7:30 pm	Sep 14 - Oct 5	\$105
02	4 - 12	Tue	4 - 5 pm	Nov 15 - Dec 13	\$135

Badminton: Juniors

420208

(Ages 5 - 12)

Instructor: Sasha Boyarin

The Maugus Junior Badminton Team has been running in Wellesley for more than fifteen years and we are excited for your kids to join our training. Come learn badminton skills for all levels, improve coordination, play fun games, and be in a great environment with other kids. Run by two USA Badminton high performance certified coaches, the Maugus Junior Program coaches kids from the most beginner level to the highest level of national and international competition. We are experienced in providing strong skills training along with a fun and enjoyable experience for all ages. Our mission is to teach kids not just how to play badminton but how be team players and grow as individuals.

Location: Maugus Club Min: 8/Max: 15

8 weeks

<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Mon	4 - 6 pm	Sep 5 - Oct 24	\$135
02	Wed	4 - 6 pm	Sep 7 - Oct 26	\$135
03	Fri	4 - 6 pm	Sep 9 - Oct 28	\$135
04	Sat	9 - 11 am	Sep 10 - Oct 29	\$135
05	Sat	1:30 - 3:30 pm	Sep 10 - Oct 29	\$135



facebook.com/recwellesley





Prep for Basketball Season

(Grades 5-8)

(Girls Only!)

Instructor: Game Time Training Staff

Join GTT weekly as they simulate a typical town/travel practice to prepare the kids for their upcoming season. Their staff of USA Youth Basketball Certified Coaches will split these hour sessions between breaking down fundamental team concepts and reinforcing fundamental skill development . The goal of this program is to build confidence and comfort with players leading up to their perspective hoops season.

Location: Warren Building Min: 8/Max: 20

5 weeks

JWC	J Weeks						
<u>S#</u>	Day	Times	Date	Price			
01 Fri	Fri	6 - 7 pm	Sep 23 - Oct 28	\$160			
			(No class 11/11)				

Kids: Self Defense-Combat SAMBO

421806

(Ages 4 - 11)

Instructor: Grandmaster Michael Galperin & Staff

"SAMBO"- Russian acronym for "Self Defense without Weapons". This SYSTEM incorporates the most effective survival techniques from Judo, Jiu-jitsu, Karate, Aikido, Kung Fu, Krav Maga and others. Boys and girls will be pre-



sented with practical self defense applications for a variety of situations. This unique style of Martial Arts will boost their confidence, discipline, health and fitness along with self-esteem. In a safe and friendly atmosphere participants will enhance their ability to cooperate, focus and follow directions. Under the supervision of experienced certified instructors, children will be taught skills to protect themselves against bullying, kidnapping, molestation, random attackers and enable them to be safe in dangerous real world situation. Note: Participants may join classes at any time; your full term payment will extend into the next term. Uniforms and equipment are available for purchase in class. Note: For more information regarding the program details please visit www.combatsambo.com or call 617-413-0660

Location: Warren Building Min: 8/Max: 20

12/11 weeks

12/	TT MCCV2			
<u>S#</u>	Day	Times	Date	Price
01	Mon	6:30 - 7:30 pm	Sep 19 - Dec 19	\$192
			(No class 10/3, 10/10)	
02	Wed	6:30 - 7:30 pm	Sep 21 - Dec 21	\$192
			(No class 10/12, 11/23	3)
03	Mon & Wed	6:30 - 7:30 pm	Sep 19 - Dec 21	\$312
			(No class 10/3, 10/10,	
			10/12, 11/23)	

Karate

421800

(Ages 3 - 16)

Instructor: Steve Nugent



A Martial Arts program taught by 4 Time World Champion Steve Nugent and staff. Classes teach self-defense, punching, kicking, stretching, proper breathing, focus, discipline and respect. In addition to the martial arts, the classes stress the importance of nutrition and academic achievement. Classes also cover fire safety and stranger awareness. Classes are structured and fun!!

Location: Warren Building Min: 10/Max: 30

12	MCGV2				
S#	Age	Day	Times	Date	Price
01	3 - 5	Wed	3:45 - 4:30 pm	Sep 14 - Dec 14	\$305
				(No class 10/12,	11/23)
02	6 - 8	Wed	4:30 - 5:15 pm	Sep 14 - Dec 14	\$305
				(No class 10/12,	11/23)
03	9 - 16	Wed	5:15 - 6 pm	Sep 14 - Dec 14	\$305
				(No class 10/12,	11/23)

Skyhawks Volleyball

421901

(Ages 7 - 14)

Instructor: Skyhawks Sports Staff

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-



filled program. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginner to intermediate player and will incorporate essential life-lessons such as teamwork and sportsmanship. Our volleyball staff will assist each athlete in developing the fundamental skills of the game through game-based drills and daily scrimmages aimed at developing the whole player. Participants should wear loose fitting cloths, sneakers, and bring a water

Location: Warren Building Min: 8/Max: 14

6 weeks

S #	Day	Times	Date	Price
01	Thu	5 - 6 pm	Sep 22 - Oct 27	\$95

Skyhawks SNAG Golf

421902

(Ages 5 - 10)

Instructor: Skyhawks Sports Staff

One of our most popular programs, Skyhawks Golf focuses on building the confidence of young athletes through proper technique and refining the essential skills of the game. As we know, golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting and body positioning. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system which uses modified equipment to its curriculum developed by PGA professionals, SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy & effective transition onto the golf course. No need to bring your own clubs, all equipment is provided. For safety reasons we keep the instructor to camper ratio for this program very low, resulting in limited availability. As a result these programs fill up quickly. Participants should wear loose fitting cloths, sneakers, and bring a water bottle.

Location: Warren Building Min: 8/Max: 14

6 weeks

S#	Day	Times	Date	Price
01	Tue	3:45 - 4:45 pm	Sep 20 - Oct 25	\$95

Skyhawks Multi-Sport

421903

(Ages 6 - 12)

Instructor: Skyhawks Sports Staff

Multi-sport camps are designed to introduce young athletes to a number of sports and allow them to learn and have fun in a variety of arenas. These programs are designed to motivate children to be active and healthy while giving them the fundamental skill sets needed to succeed and grow in whichever sport they choose. Sports offered are playground games, T-ball, soccer and basketball. Participants should bring appropriate clothing a water bottle, and gym shoes.

Location: Warren Building Min: 8/Max: 14

6 weeks

<u>S#</u>	Day	Times	Date	Price
01	Thu	3:45 - 4:45 pm	Sep 22 - Oct 27	\$95

Thundercat Mini Sports Jam

420906

(Ages 4 - 6)

Instructor: Thundercat Sports Staff

Play, play, and play some more...the ultimate multisport program! Baseball, basketball, and soccer will be core sports in which some skills will be emphasized. But that's not all. Other sports mixed in may include - flag football, floor hockey, volleyball,



badminton, dodgeball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played.

Location: Warren Building Min: 8/Max: 12

6 weeks

S#	Day	Times	Date	Price	
01	Mon	3:30 - 4:15 pm	Sep 19 - Nov 14	\$100	
	(No class 10/3, 10/10,10/31)				

Thundercat Basketball

420903

(Ages 4 - 9)

Instructor: Thundercat Sports Staff

Skills, drills, and fun! Instruction includes basic skills like shooting, passing, dribbling, positions, defense and rules of the game. There will be a game each week so skills can be put into action. Sneakers, water bottle and appropriate dress are required. Get ready for some basketball fun with the experienced coaches from the Thundercats!

Location: Warren Building Min: 10/Max: 16

6 weeks

<u>S#</u>	Age	Day	Times	Date	Price Price
01	4 - 6	Sat	8:15 - 9 am	Oct 15 - Nov 19	\$100
02	7 - 9	Sat	9:05 - 10 am	Oct 15 - Nov 19	\$100

Thundercat Sports Jam

420904

(Ages 7 - 9)

Instructor: Thundercat Sports Staff

Play, play, and play some more...the ultimate multi-sport program! Basketball, T ball and soccer will be core sports in which some skills will be emphasized, but that's not all. Other sports mixed in may include Volleyball, dodge ball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played. Program is co-ed and participants should bring water and wear comfortable clothes to run around in.

Location: Warren Building Min: 7/Max: 12

6 weeks

S#	Day	Times	Date	Price
01	Mon	4:20 - 5:20 pm	Sep 19 - Nov 14	\$100
		-	(No class 10/3, 10/10), 10/31)



Program Registration

Residents: August 16th Non Residents: August 30th

Tennis - Early Release

425200

(Ages 8 - 11)

Instructor: Mike Sabin

Instruction will cover the basic aspects of the sport including skill evaluation, forehand, backhand, serve, volley, overhead and strategy. Please bring a racquet and water bottle.

Location: Hunnewell Tennis Ct				Min: 6/Max: 16		
5 W	eeks					
<u>S#</u>	Age	Day	Times	Date	<u>Price</u>	
01	8 - 9	Wed	12:30 - 1:30 pm	Sep 7 - Oct 5	\$125	
02	10 - 11	Wed	1:30 - 2:30 pm	Sep 7 - Oct 5	\$125	
IND	OOR TENI	NIS				
Loc	ation: TBI)		Min: 4	/Max: 6	
<u>S#</u>	Age	Day	Times	Date	<u>Price</u>	
03	8 - 9	Wed	12:30 - 1:30 pm	Nov 2 - Dec 7	\$125	
				(No class 11/23)		
04	10 - 11	Wed	1:30 - 2:30 pm	Nov 2 - Dec 7	\$125	
			-	(No class 11/23)		

Tennis - Saturday AM

425203

(Ages 5 - 14)

Instructor: Mike Sabin

Instruction will cover the basic aspects of the sport including skill evaluation, forehand, backhand, serve, volley, overhead, and strategy. Please bring a racquet and water bottle.

Location: Schofield School				Min: 6/Max: 12		
5 w	5 weeks					
<u>S#</u>	Age	Day	Times	Date	Price	
01	5 - 7	Sat	9 - 10 am	Sep 10 - Oct 15	\$125	
				(No class 10/8)		
02	8 - 9	Sat	10 - 11 am	Sep 10 - Oct 15	\$125	
				(No class 10/8)		
03	10 - 14	Sat	11 am - 12 pm	Sep 10 - Oct 15	\$125	
				(No class 10/8)		



Thursday Tennis

425201

(Ages 5 - 11)

Instructor: Mike Sabin

This is a fun approach to learning tennis. Emphasis will be placed on developing hand eye coordination skills while providing an introduction to the game of tennis. You must provide your own racquet and bring a water bottle.

		-	•
Location: Hu	unnewell Ten	nis Ct	Min: 4/Max: 12

5 weeks

<u>S#</u>	Age	Day	Times	Date	Price
01	5 - 7	Thu	3:30 - 4:30 pm	Sep 8 - Oct 6	\$125
02	5 - 7	Thu	4:30 - 5:30 pm	Sep 8 - Oct 6	\$125
03	8 - 11	Thu	5:30 - 6:30 pm	Sep 8 - Oct 6	\$125

INDOOR TENNIS

Location: Warren Building				Min: 4/Max: 12	
<u>S#</u>	Age	Day	Times	Date	Price
04	5 - 7	Thu	3:30 - 4:30 pm	Nov 3 - Dec 8 (No class 11/24)	\$125
05	5 - 7	Thu	4:30 - 5:30 pm	Nov 3 - Dec 8 (No class 11/24) Min: 4/Max: 8	\$125
06	8 - 11	Thu	5:30 - 6:30 pm	Nov 3 - Dec 8 (No class 11/24)	\$125



Register online @ www.wellesleyma.gov/recreation

Teen Tennis

425202

(Ages 12 - 16)

Instructor: Mike Sabin

Lessons focus on different aspects of the sport including skill evaluation, forehand, backhand, serve, volley, overhead, and strategy. You must provide your own racquet and bring a water bottle.

Location: Hunnewell Tennis Ct	Min: 4/Max: 15
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5 weeks

S#	Day	Times	Date	Price
01	Wed	3 - 4:30 pm	Sep 7 - Oct 5	\$160

Pre-Season Ski/Board Group

445656

Instructor: Train Boston

This Winter, take on the slopes with confidence. Our preseason ski and snowboard sessions will focus on specific core and lower extremity strength to power down the mountain. Program also includes lateral agility and endurance drills to absorb impact and handle deep powder and steep terrain. Get in shape and avoid injury this snow season at Train Boston!

Location: Train Boston Min: 4/Max: 8

14/	14/28 weeks				
<u>S#</u>	Grade	Day	Times	Date	Price
ADU	ILTS				
01	-	Tue	7 - 8 am	Sep 13 - Dec 13	\$540
02		Thu	7 - 8 am	Sep 15 - Dec 22	\$540
				(No class 11/24)	
HIG	HIGH SCHOOL				
03	9 - 12	Mon & Wed	6 - 7 pm	Sep 12 - Dec 19	\$650
				(No class 11/24)	

Super Soccer Stars

422902

(Ages 1 - 7)

Instructor: Super Soccer Stars Staff

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

Location: Warren Building Min: 4/Max: 15

13/	13/12 weeks				
<u>S#</u>	Age	Day	Times	Date	Price
01	3 - 4	Tue	10 - 10:45 am	Sep 20 - Dec 13	\$390
02	2	Tue	10:50 - 11:30 am	Sep 20 - Dec 13	\$390
03	1 - 2	Tue	11:35 am - 12:15 pm	Sep 20 - Dec 13	\$390

02	2	Tue	10:50 - 11:30 am	Sep 20 - Dec 13 \$390
03	1 - 2	Tue	11:35 am - 12:15 pm	Sep 20 - Dec 13 \$390
Loca	ntion: Te	nacre		Min: 4/Max: 15
08	2	Sat	9 - 9:40 am	Sep 17 - Dec 17 \$360
			(No clas	ss 10/8, 11/12, 11/26)
09	1 - 2	Sat	9 - 9:40 am	Sep 17 - Dec 17 \$360
			(No clas	ss 10/8, 11/12, 11/26)
10	2.6 - 3	Sat	9:45 - 10:25 am	Sep 17 - Dec 17 \$360
			(No clas	ss 10/8, 11/12, 11/26)
11	3.6 - 4	Sat	9:45 - 10:30 am	Sep 17 - Dec 17 \$360
			(No clas	ss 10/8, 11/12, 11/26)
12	5 - 7	Sat	10:30 - 11:30 am	Sep 17 - Dec 17 \$360
			(No clas	ss 10/8, 11/12, 11/26)
13	3 - 4	Sat	11:35 am - 12:20 pm	Sep 17 - Dec 17 \$360
			(No clas	ss 10/8, 11/12, 11/26)
14	3 - 4.5	Sat	10:30 am - 11:15 pm	Sep 17 - Dec 17 \$360
			(No clas	ss 10/8, 11/12, 11/26)

Super Soccer SHINE

422702

(Ages 5 - 12)

Instructor: Super Soccer Stars Staff

Super Soccer Stars Shine Program uses soccer as a vehicle to teach life skills to individuals with developmental and intellectual disabilities including but not limited to, Autism Spectrum Disorders, Down Syndrome, ADHD and PDD-NOS. We work with a developmentally appropriate curriculum designed by licensed educators and therapists that promotes the complete growth of each individual and encourages players to improve at his or her own pace. We use soccer to enhance peer interactions and provide a safe environment for players to increase social potential.

Loc	ation: Tei	nacre	Min: 4/Max: 8		
11	weeks				
S#	Age	Day	Times	Date	Price
01	5 - 8	Sat	12:30 - 1:15 pm	Sep 17 - Dec 17	\$360
			(No	class 10/8, 11/12,	11/26)
02	9 - 12	Sat	12:30 - 1:15 pm	Sep 17 - Dec 17	\$360
			(No	class 10/8, 11/12.	11/26)

Super Soccer PREMIER

422988

(Ages 6 - 8)

Instructor: Super Soccer Stars Staff

Stars Premier player development program is designed for players who are poised for a higher level of soccer instruction. Licensed and experienced coaches work closely with players through a curriculum that gradually introduces new technical skills, tactical elements and team concepts as players reach program milestones.

Location: Tenacre Min: 4/Max: 20

11 weeks

S#	Dav	Times	Date	Price
04	Sat	11:30 am-12:30pm	Sep 17 - Dec 17	\$360
		•	(No class 10/8, 11/12	11/26)



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CrossFit Middle School & Teen classes



ONE Nation Middle School and Teen classes are designed for athletes who are looking to try something new, or simply looking to workout with their friends in a fun and energetic atmosphere. Classes are designed with our young athletes in mind. Our programs are based on traditional CrossFit programming, but are scaled to meet the abilities of our younger athletes. Each athlete will receive personalized instruction during this class-based training program. The goal is for the kids to develop camaraderie in their own age appropriate program. Our athletes find that after a few months of attending class regularly they have increased strength, speed, and coordination. Our program is a great way to help prepare youth for the rigorous training of team sports. Our class is safe and effective

for athletes of all levels and fitness backgrounds.

Participants can purchase a punch card and attend any class when their age group meets. The cards have a 1 year expiration.

ONE NATION TEENS (13+ years) Tue & Thu @3:30pm & Sat @11am \$125/10 class punch card ONE NATION MIDDLE SCHOOL (Ages 9 - 13) Mon & Wed @ 3:30 pm & Sat @ 11 am \$125/10 class punch card

- * No prior fitness experience is required.
- * Wellesley Recreation code: wellesley2016
- * Because space is limited, we can not hold a spot until the registration form is complete.
- * SIGN UP at crossfit-one-nation.triib.com/signup/package/11069/



Thank You to our sponsors

CONCERTS

Roche Brothers, Inc. • Wellesley Hills Junior Women's Club • Jessie & David Wallace • The Cottage
Edward Jones • Game Time Training • Burke & Sons Funeral Home
Wellesley Firefighters Local 1795 • Corcoran & Havlin Insurance
Anonymous • Dr. Fantasia • Machen & Ciambelli

SKATING RINK

Needham Bank • Wellesley Youth Hockey • Benoit, Mizner & Simon

SWEETHEART DANCE

Wellesley Bank

HALLOWEEN PARADE

Berkshire Hathaway Town & Country

SPRING THAW EGG HUNT &HOLIDAY HOUSE DECORATING CONTESTS

The Local

WE'RE ON THE LOOKOUT...

...for folks to sponsor our special events & programs!
SUMMER CONCERTS • MOVIE NIGHTS • SPECIAL PROGRAMS
and much more!

If you are an individual or business who is interested in sponsoring a Wellesley Recreation program or event or just making a donation, please contact Matt Chin at mchin@wellesleyma.gov

SUNDAY GYM RENTALS!

SEPTEMBER - JUNE

PLEASE CALL THE RECREATION OFFICE FOR MORE INFORMATION 781-235-2370 MONDAY - FRIDAY 8:30 - 4:30

TERRIES



Terriers Dodgeball League

420603

02 Fri

(Grades 2 - 5)

Instructor: Terriers Staff

Kids love the fast paced action, throwing, catching and of course dodging balls in this great game. They also get a great overall workout and develop throwing, catching and agility skills, while enjoying a great time playing one of their favorite games. Teams will be organized by grade into teams and provided with team shirts. Teams play games and cheer on other team's games to create a fun and energetic environment. Mixed with Terriers tunes, they enjoy high-octane fun. At the conclusion of the program teams also enjoy a tournament to sign the coveted Terriers Dodgeball Bucket. Cushioned foam balls are used for safety.

Location: Warren Building			Min: 25/Max: 50
4/5	weeks		
S#	Day	Times	Date
01	Fri	4:15 - 5:15 pm	Oct 14 - Nov 4

4:15 - 5:15 pm

Nov 18 - Dec 23 (No class 11/25) **Price**

\$100

\$125



FREE INTRODUCTION TO NFL FLAG FOOTBALL CLINIC & GAME

Grades 3-5 & 6-8 - Hunnewell Playing Fields - Saturday, September, 17 @ 7:00 - 8:15pm

Terriers Sports & NFL Flag Football will host a free clinic to introduce kids to the great game of Flag Football. The clinic will teach kids the basic fundamentals of Flag Football; passing, catching, how to run pass routes and defensive techniques. A fun filled game will conclude the session. The clinic is free, but if you plan to attend, please complete a brief RSVP for planning purposes at terrierssports.com.



Terriers Friday Night Lights NFL Flag Football

420633

(Grades 3 - 5 & 6 - 8)

After a successful first season last fall we are pleased to expand our program to offer leagues for both grades 3-5 and 6-8, and partner with NFL Flag Football! Offered under the lights at the Hunnewell playing fields, our Friday Night Lights NFL Flag Football program will be directed by Terriers Sports, whose popular programs are designed and managed to offer enjoyable and exciting experiences to participants of all experience levels. Kids love the fast paced action flag football offers and get a great overall workout, while flags and "no tackling/contact" rules help keep them safe. Teams are balanced by grade and provided with reversible NFL Flag shirts. Mixed with Terriers "Game Presentation", including arena tunes and play-by-play announcers, they enjoy high-octane fun. At the conclusion of the program teams will also enjoy a tournament for the Friday Night Lights NFL Flag Football Bucket. We expect this to be a very popular program & due to space limitations suggest early registration.

Location: Hunnewell Playing Fields Min: 20 / Max: 60 5 weeks

 S#
 Day
 Times
 Dates
 Price

 01
 Fri
 7 - 8:15pm
 Sep 23 - Oct 21
 \$145







Pediatric First Aid & CPR

431578

(Ages 16+)

Instructor: Juanita Allen Kingsley

The credentialed Heartsaver Pediatric First Aid course is designed for laypersons who because of their occupation may need to respond to a first-aid emergency. This course teaches participants on how to handle injuries and manage illness in the first few minutes until help arrives

There are six modules covered in this course which include:

- First Aid Basics
- Medical Emergencies

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- Injury Emergencies
- Environmental Emergencies
- Adult CPR
- Pediatric CPR

This course meets the requirements of child care providers, teachers, foster care workers, camp counselors, Scout leaders, youth organizations, coaches, children's sports organizations, babysitters and parents. Certification is good for 2 years.

Min. 4 /May. 40

Location: warren bunung			IVIIII: 4/ IVIAX: 12		
1 CI	ass				
<u>S#</u>	Day	Times	Date	Price	
01	Tue	6 - 9 pm	Sep 13	\$85	



Have a Question? Call us! 781-237-2370

Social Sklz - Essential Tweenz

431589

(Ages 7 - 13)

Instructor: Juanita Allen Kingsley

In today's fast-paced world, the ways in which we interact are constantly evolving. While new technology has enhanced our

lives in many ways, the art of face-to-face interaction remains crucial to success. socialsklz:-) equips children and with the vital tools needed to succeed on the playground, in the classroom and ultimately at the workplace. Through this fun, interactive workshop, socialsklz:-) teaches lessons including greetings and introductions, making a good first impression, starting conversations, patience and thoughtfulness, self-control, respect and consideration, dining and phone skills. The skills mastered are not only empowering, but build confidence and self-esteem, paving the way to a more fruitful life. The program has been widely touted and featured extensively in the media.

Essential tweenz:

In this two hour workshop, tweenz ages 8 to 12 learn social and communication skills in-person and on the phone. Tweenz will gain valuable life skills, such as shaking hands with confidence, making phone calls and engaging others in conversation. The workshop includes a hands-on dining event.

Location: Warren Building Min: 4/Max: 8

1 Class

S#	Day	Times	Date	Price
01	Thu	3:30 - 5:30 pm	Oct 6	\$80

Home Alone Safety

431503

(Ages 8 - 11)

Instructor: Juanita Allen Kingsley

Children will learn telephone and door answering techniques, internet safety, accident and fire protection and first aid techniques. The class includes a variety of teaching methods, including a video and role playing. Please bring a snack.

Location: Warren Building Min: 6/Max: 12

1 Class

S#	Day	Times	Date	Price Price
01	Tue	3:30 - 5:30 pm	Sep 13	\$45

Babysitter's Training

431504

(Ages 11 - 15)

Instructor: Alice Wadley

Designed for 11 to 15 year olds, participants will learn the knowledge and skills necessary to provide care for children and infants. In addition, students will learn the critical skills needed to respond to and manage an adult or pediatric first aid, choking or sudden cardiac arrest emergency. The course combines video, activities, hands-on skills training and discussion for a complete learning experience.

(Participants should bring a snack)

Participants will learn how to:

- Prevent, recognize and respond to safety issues
- · Problem solve and make decisions under pressure
- Choose safe and age-appropriate toys and games
- · Feed, diaper and care for infants and children
- Manage discipline issues
- Launch a babysitting business
- Resume writing
- · Interviewing skills
- Recognize and respond to adult and pediatric breathing, cardiac, and first aid emergencies, including the use of the Automated External Defibrillator

Materials include

- Pocket First Aid Kit
- CPR Breathing Barrier Keychain
- Babysitter's Drawstring Bag
- Folder with course reference materials and Emergency Reference Cards

Certifications will be issued

Students who successfully complete this course will receive:

- Heartsaver Adult and Pediatric CPR/AED and First Aid certification valid for two years
- · Babysitter's Training certification with no expiration

Location: Warren Building Min: 8/Max: 16 1 Class S# Day **Times Date Price** Sat 10 am - 4 pm **Sep 17** \$120 01 02 Sat 10 am - 4 pm **0ct 15** \$120 03 Nov 19 \$120 Sat 10 am - 4 pm 04 Sat 10 am - 4 pm **Dec 17** \$120



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Sign Language

424503

(Ages 16+)

Instructor: Robert McGuane



In addition to hearing aids, etc., the ASL Manual alphabet is one of the options advocated by the Massachusetts Commission for the Deaf & Hard of Hearing (MCDHH) to support the late deafened or recently hard of hearing. The Manual Alphabet is the foundation of American Sign Language (ASL), however, for manual communicators who use fingerspelling, the manual alphabet is a complete, and essential language. A current trend points to FS first letter abbreviations as a North American, universal, auxiliary language to support the large number of deaf, late deafened or hearing impaired, who, when lip reading, consciously or unconsciously, may otherwise have to guess the first letters of words. For low vision lip readers, including persons diagnosed with age-related macular degeneration (AMD), the ASL Manual Alphabet is a low vision aid. Families and care givers should learn this valuable skill. Baby or Basic Sign Language beginning signers can learn more ASL by completely learning the Manual Alphabet. The instructor, an applied scientist & educator, is a former personal ASL FS / MCE interpreter for a senior family member.

Location: Warren Building Min: 7/Max: 12

1 Class

1 Class					
S#	Day	Times	Date	Price Price	
Beg	<u>inner</u>				
01	Wed	7 - 9 pm	Sep 21	\$20	
<u>Inte</u>	<u>rmediate</u>				
02	Wed	7 - 9 pm	Oct 19	\$20	
<u>Adva</u>	<u>anced</u>				
03	Wed	7 - 9 pm	Nov 16	\$20	



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Wellesley Health Department

Visit the Wellesley Health Department website www.wellesleyma.gov/health for the following:

Flu and Keep Well Clinic schedules

Mental health resources

Seasonal and emerging health issues

Regulatory concerns

Wellesleyma.gov/Health



Nursing staff is available for health care screenings and home visits. Call for info & scheduling 781.235.0135

Race: The Power Of Illusion

431586

(Ages 13 - 17)

Instructor: Michelle Chalmers & Izumi Ludgate

This 2 hour class is for any Middle School Student (grades 6 to 8), and will involve participation in a viewing of the powerful PBS Documentary. "Race: The Power of an Illusion. Part 1." TI

ful PBS Documentary, "Race: The Power of an Illusion, Part 1." The episode helps us understand why it doesn't make scientific or genetic sense to sort people into biological races, as it dismantles our most basic myths about race, including natural superiority and inferiority. Following the film, the class will engage in group discussions to unpack what was learned.

Location: Warren Building Min: 6/Max: 25

1 Class

<u>S#</u>	Day	Times	Date	Price Price
02	Mon	6 - 8 pm	Sep 26	\$12

Does Race Affect Your Life?

431577

(Ages 13 - 17)

Instructor: Michelle Chalmers & Izumi Ludgate

This 2 hour class for all Middle School students will participate in a viewing of the powerful PBS Documentary,

"Race: The Power of an Illusion, Part 3." The film focuses not on individual behaviors and attitudes, but on how our institutions shape and create race, giving different groups vastly unequal life chances. It concludes by looking at why we can't just get rid of race. Following the film, the class will engage in small and large group discussions to unpack what was learned and have questions answered.

Location: Warren Building Min: 6/Max: 15

1 Class

<u>S#</u>	Day	Times	Date	Price Price
02	Mon	6:30 - 8:30 pm	Oct 24	\$12



Register Online wellesleyma.gov/recreation

Office Hours: M-F 8:30-4:30 781-235-2370

Have a new and exciting idea for a class?

Give us a call! 781-235-2370





Just some of the programs offered for Fall 2016 Saddle Club Mini Riders Pets & Ponies Early Release Riding Barn Buddies All About Ponies

For information on any of the programs listed above or for additional Riding & Animal Programs for children 4-14, please visit sweetmeadowfarm.com

We also offer birthday parties and riding programs for children and adults.

To register for Sweet Meadow Farm programs please contact the Wellesley Recreation Department.

Directions to Sweet Meadow Farm

111 Coolidge Street, Sherborn, MA 01770

Sweet Meadow Farm is a short 10 minute drive from downtown Wellesley. Head towards Natick on Central St/ MA-135 W for a little over 4 miles. Take a left turn onto Speen St and follow for 1 mile. Then take a left onto Coolidge St. Sweet Meadow Farm will be located on the right. For any questions/troubles please contact Sweet Meadow Farm 508-308-9194







Horsepower

432200

(Ages 6 - 12)

Instructor: Century Mills Stable

Have a horse crazy child between the ages of 6 and 12? Horse Power is designed to give both children and their parents a broad-based introduction to horses in a fun, interactive class. Start each session by learning to handle, groom and tack up a horse. End each week with a group riding lesson where kids get to learn the basics in the saddle and parents can learn how to safely help them. Our licensed, upbeat instructors and happy, well-trained horses will make sure you and your child have a positive first horse experience. Century Mill Stables is conveniently located just 3 minutes from 495 and has an indoor ring for classes to run in all weather.

Location: Century Mill Stables Min: 3/Max: 6

4 weeks

S#	Day	Times	Date	<u>Price</u>
01	Sat	3 - 3:50 pm	Sep 3 - 24	\$180
02	Sat	3 - 3:50 pm	Oct 1 - 29	\$180
		-	(No class 10/22)	

Pony Power

432202

(Ages 2 - 6)

Instructor: Century Mills Stable

Our wonderfully patient small ponies are ready to teach your 2-5 yr old child the basics of horsemanship. Children will learn how to handle, groom, and tack up the pony, and will spend time in the saddle as well, working on basic control and position. Parents are encouraged to actively participate in the learning experience, and will be taught how to work safely around the animals and how to help their child have a safe and positive experience with the ponies.

Location: Century Mill Stables Min: 3/Max: 6

4 weeks

S#	Day	Times	Date	Price Price
01	Sat	2 - 2:50 pm	Sep 3 - 24	\$145
02	Sat	2 - 2:50 pm	Oct 1 - 29	\$145
			(No class $10/22$)	

Directions to Century Mills Stable, 185 Century Mill Road, Bolton, MA

Route 495 from Wellesley via Route 9 or via Route 128 to the Mass Pike West. North on Route 495. Take exit 27 (Bolton/Stow exit) and at the end of the ramp take a left onto Route 117 toward Stow and then an IMMEDIATE right onto Route 85. Go one mile on Route 85 and take a right onto Century Mill Road. Century Mill Stables (#185) is one mile down on the right. Please call (978-779-2934) if you have trouble finding the stable.



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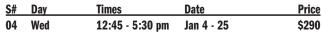
Skiing @ Nashoba: Wednesday 123300

(Grades 3 - 5)

Now is the best time to learn to ski or snowboard. If you already ski or snowboard, you can polish your skills. This program includes transportation to Nashoba Valley, lessons and lift tickets. Please indicate if your child is a first time skier and if they will be skiing or snowboarding. All participants must me enrolled in grades 3-5. If you need rental equipment you MUST attend the prefit: Thursday, 12/8 from 7-8pm. If you miss the prefit, you will have to drive to Nashoba Valley and have your child measured because they CAN NOT be fitted on the first day of the program. RENTAL EQUIPMENT: \$90, HELMET RENTAL: \$12, HELMET PURCHASE: \$60.

Location: Nashoba Valley Min: 20/Max: 40

4 weeks



A NOTE TO PARENTS FOR NASHOBA SKI

The Recreation Department has been offering ski lessons at Nashoba Valley for a number of years. There are a few things that you can do to help us. We do ask that your child wear the ski band provided by us, so that we can identify those in our group. WE ARE NOT RESPONSIBLE FOR ARTICLES LEFT BEHIND. YOUR CHILD MUST MAKE SURE THEY HAVE EVERYTHING BEFORE WE LEAVE NASHOBA. Children are not allowed to wear ski boots on the bus. Every child who goes to Nashoba on the bus will return to the Warren Building parking lot on the bus. If you must pick your child up at Nashoba, then you will also be responsible for getting them to Nashoba that day. Last, but not least, we ask that you BE ON TIME TO PICK UP YOUR CHILD. The bus is usually back at the Warren Building parking lot by 5:15 pm at the latest for the Wednesday program, and for the Friday night program by 9:30 pm.

Rentals are an additional \$90 to be paid at prefit.



Skiing @ Nashoba: Fridays

123301

(Grades 6 - 8)

Just imagine blazing down the slopes of Nashoba Valley under the lights instead of staying home on Friday night. Join your friends and enjoy four weeks of skiing or snowboarding. Participants should bring a bag lunch/supper or they may purchase something at Nashoba. No lessons on Friday nights. Children must be enrolled in grades 6-8. If you need rental equipment you MUST attend the prefit; Thursday, 12/8 from 7-8pm. If you miss the prefit you will have to drive to Nashoba Valley and have your child measured because they CAN NOT be fitted on the first day of the program. RENTAL EQUIPMENT: \$90, HELMET RENTAL: \$12, HELMET PURCHASE: \$60.

Location: Nashoba Valley Min: 20/Max: 40

4 weeks

S#	Day	Times	Date	Price Price
01	Fri	3:45 9:30 pm	Jan 6 - 27	\$290



SKI Pre-Fit Thursday December 8th from 7-8pm

Puddlestompers - December Vacation

415701

(Ages 3 - 6)

Instructor: Puddlestomper Staff

Let us lead your children in discovering the mystery of winter during PUDDLESTOMPERS' December Vacation drop-off program. Winter is a magical time to explore! Come see how animals and plants are surviving the cold. Look for animal tracks and investigate other signs of winter activity. Discover who is taking a rest during the cold months and who is still out and about! Children will learn about the day's topic through hands-on investigation, active movement and play, crafts, stories, and songs. A snack will be provided each day, as well as a take-home craft and handout with additional activities and information to extend learning and exploration into your home. Please send your child with a nut-free lunch.

Location: Warren Building Min: 4/Max: 15

1 week

<u>S#</u>	Day	Times	Date	Price_	S#	Day	Times	Date	Price Price
01	Tue	9 am - 1 pm	Dec 27	\$64	03	Thu	9 am - 1 pm	Dec 29	\$64
02	Wed	9 am - 1 pm	Dec 28	\$64	04	Fri	9 am - 1 pm	Dec 30	\$64